

Eastbrook School

Week A Main Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	<p>Sizzling Cumberland Sausage, with Onion Gravy</p> <p>Quorn Sausage</p> <p>40p Each Sausage Gravy Free</p> <p>OR</p> <p>Chef Special</p>	<p>Meatballs and rice</p> <p>Quorn and Rice</p> <p>£1.70</p> <p>OR</p> <p>Chef Special</p>	<p>Roast Chicken dinner with stuffing</p> <p>Veggie Gratin</p> <p>£2.20 Roast Dinner with small drink and Biscuits</p> <p>OR</p> <p>Chef Special</p>	<p>Shepherd's Pie</p> <p>£1.20</p> <p>Veggie Shepherd's Pie</p> <p>£1.20</p> <p>OR</p> <p>Chef Special</p>	<p>Chicken and Chips</p> <p>£1.70</p> <p>Fish and Chips</p> <p>£1.70</p> <p>OR</p> <p>Chef Special</p>
Noodle /Pasta	<p>Italian Pasta</p> <p>£1.40 With Sauce</p>	<p>Marinated chicken</p> <p>£1.00</p> <p>Cheese and Onion Pastry £0.80</p>	<p>Vegetarian Noodle</p> <p>£1.40</p>	<p>Vegetarian Noodle</p> <p>£1.40</p>	<p>Italian Pasta</p> <p>£1.40</p>
Vegetable Salad	<p>Seasonal Options</p> <p>30p</p>	<p>Seasonal Options</p> <p>30p</p>	<p>Seasonal Options</p> <p>Free with roast Dinner</p>	<p>Seasonal Options</p> <p>30p</p>	<p>Seasonal Options</p> <p>30p</p>
A compliments	<p>Mash Potatoes 40p</p> <p>Garlic Bread 30p</p>	<p>Vegetable Samosa</p> <p>50p</p>	<p>Roast Potatoes £0.80 free with Roast Dinner</p> <p>Yorkshire Pudding £0.30 or one free with Roast Dinner</p> <p>Spring Rolls £0.20</p>	<p>Potatoes Wedges 80p</p> <p>Garlic Bread 30p</p>	<p>Spring Rolls 30p</p>
Dessert	<p>Chocolate Sponge 80p</p> <p>Custard 30p</p>	<p>Vanilla Sponge 80p</p> <p>Custard 30p</p>	<p>Apple Crumble 80p</p> <p>Custard 30p</p>	<p>Chocolate Biscuits Pudding</p> <p>80p</p> <p>Custard 30p</p>	<p>Iced Finger</p> <p>80p</p>

Eastbrook School

Week B Main Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Creamy Chicken Puff Pie or Veggie Puff Pie £1.40 OR Chef Special	Burger and Chips £1.70 Fish or Veggie Burger £1.70 OR Chef Special	Roast Chicken dinner with stuffing £2.20 Roast Dinner with small drink and Biscuits OR Chef Special	Spaghetti Bolognaise £1.40 OR Chef Special	Jerk Chicken with Beans rice £1.70 Red Lentil with Beans Rice £1.70 OR Chef Special
Noodle /Pasta	Italian Pasta £1.40	Marinated chicken £1.00 Cheese and Onion Pastry £0.80	Oriental Noodle £1.40	Donner wraps £1.20	Oriental Noodle £1.40
Vegetable /Salad	Seasonal Options 30P	Seasonal Options 30P	Seasonal Options Free with roast Dinner	Seasonal Options 30P	Seasonal Options 30P
A compliments	Herby Potatoes 80P	Garlic Bread 30P	Roast Potatoes £0.80 free with Roast Dinner Yorkshire Pudding £0.30 or one free with Roast Dinner Spring Rolls £0.20	Herby Potatoes 80p Garlic Bread 30p	Spring Rolls 20p
Dessert	Jam Tart 80P Custard 30P	Chocolate Sponge 80P Custard 30P	Marble Cake 80P Custard 30P	Marble Cake 80P Custard 30P	Chocolate Biscuits Pudding 80p Custard 30p